British Columbia Provincial Pertussis Summary

July 23, 2024

This bulletin provides updated information on pertussis activity in British Columbia (BC) and elsewhere, including recent trends since the last BC Provincial Pertussis Summary (March 2024).

Summary findings and messages

- 1) Elevated pertussis activity following the COVID-19 pandemic continues to be reported in other provinces of Canada and by other countries, including a recent <u>alert issued for the Americas by the Pan American Health Organization</u>. Given 2-5-year cyclical peaks, with the last observed in BC in 2016, increase in pertussis may also be anticipated here.
- 2) Year-to-date (YTD) as of June 27, 2024, pertussis activity in BC remains within historical levels overall and by age group, albeit higher YTD in 2024 (n=72 cases) than full-year totals since the COVID-19 pandemic (n=46, 1, and 2 cases in 2023, 2022, 2021, respectively).
- 3) Since the last bulletin in March 2024, YTD incidence in BC through June 2024 has increased most among infants <1 year (9.2 to 23.0 per 100,000; 2.5-fold) and children 1-4 years (4.4 to 11.6 per 100,000; 2.6-fold). Unlike some reports elsewhere, however, incidence among 10-14-year-olds in BC remains low and relatively stable at 1.8 and 2.1 per 100,000, respectively. In all older age groups, incidence has remained below 1 per 100,000.
- 4) Cyclical increases are more prominent during the summer months in BC such that continued close monitoring is warranted. Milder or atypical presentation among older children and adults may contribute to undiagnosed cases, unrecognized community transmission and surveillance under-ascertainment.
- 5) Proactive measures to mitigate the pertussis risk include reinforcing up-to-date vaccination, notably for the very young and for pregnant people to reduce the risk of severe outcomes in infants and especially newborns, and proactive regional outreach to communities where vaccination coverage may be suboptimal.

Background

In BC, as elsewhere, pertussis is an endemic disease with cyclical peaks occurring every 2-5 years¹. Infants <1 year are at highest risk of severe disease, including hospitalization, intensive care unit admission and death, with the highest risk occurring among infants <3 months of age¹. Because of their more severe presentation, pertussis in infants, compared to other age groups, may be more readily detectable and indicative of community trends overall. In 1997, most Canadian provinces (including BC) replaced the whole cell pertussis vaccine with a more efficacious (and less reactogenic) acellular pertussis vaccine, and in 2004 added a Grade 9 Tdap (tetanus, diphtheria, acellular pertussis) booster dose (generally adolescents 14-15 years of age)¹. In 2020, BC joined other provinces in publicly-funding an additional Tdap dose for pregnant people each pregnancy, ideally between 27-32 weeks of gestation in order to protect newborns before they can receive a first dose directly².

Between 2004 and 2011, BC experienced trough pertussis levels, followed by cyclical peaks in 2012, 2015, and 2016, which subsequently subsided between 2017 and 2019 (Figure 1A)¹. As elsewhere, BC may have been spared an expected cyclical peak during the period that COVID-19 pandemic mitigation measures were in place beginning in March 2020³-5, with much reduced *B. pertussis* detections thereafter (Figure 1A). Following the relaxation of pandemic mitigation measures, other areas have experienced resurgent activity. In addition to recent outbreaks in Alberta, Ontario, and New Brunswick, pertussis cases in eastern regions of Newfoundland and Labrador have tripled between February and July 2024⁶⁻¹⁰. From January 1 to July 8 2024, Quebec recorded 6016 cases, half of which were reported in June alone¹¹. In both provinces, 10-14-year-olds were most affected. Increased pertussis activity has also been reported elsewhere internationally (e.g., United States, South America, Europe)¹²-¹⁴. In England, China, and Australia, pertussis case counts in 2024 have begun to surpass annual totals from prepandemic years, and in France, deaths among <15 year olds in 2024 exceed totals from any previous year since 2015¹⁵-¹9. Some reports have highlighted lower vaccine coverage as potentially contributing to increased activity^{8,13,18}. The extent to which recent activity may be considered expected or exceptional awaits more detailed examination (e.g., for consistency in case definitions, testing and monitoring periods or approaches over time). Updated national pertussis surveillance data for Canada remain pending²⁰.

Updated BC observations as of June 27, 2024

As of June 27, 2024 (epi-week 26), BC health authorities have reported 72 laboratory-confirmed or epidemiologically-linked pertussis cases year-to-date (YTD), exceeding full year tallies in 2023 (n=46), 2022 (n=1) and 2021 (n=2) (Figure 1A). However, the 2024 YTD incidence of 1.3 cases per 100,000 remains lower than incidences during the same ~26-week YTD period of 2014 to 2020, ranging 2.2 to 8.9 per 100,000 (Figure 1B). In 2024, a typical spring/summer increase has not yet been observed in BC (Figure 2; Figure 3). Age-specific incidences also remain within the range of YTD historic levels since 2014. Since the last BCCDC bulletin spanning January 1 to March 11 2024, YTD incidence through June 2024 has increased most in infants <1 year (9.2 to 23.0 per 100,000; 2.5-fold) and children 1-4 years (4.4 to 11.6 per 100,000; 2.6-fold) (Figure 4A; Figure 4B). Unlike elsewhere, incidence among 10-14-year-olds in BC remains low and relatively stable at 1.8 and 2.1 per 100,000, respectively. In all older age groups, incidence remains below 1 per 100,000. Milder or atypical illness among older children and adults may contribute to undiagnosed cases, unrecognized community transmission, and surveillance under-ascertainment.

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Figure 1A. Annual incidence (per 100,000)

BC overall and by Health Authority

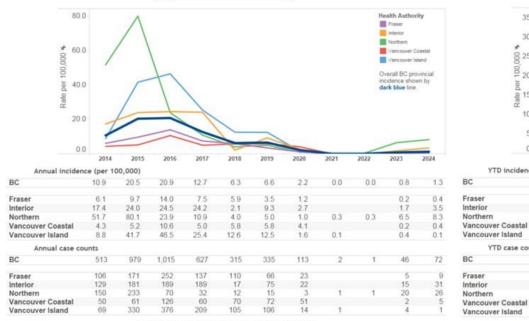
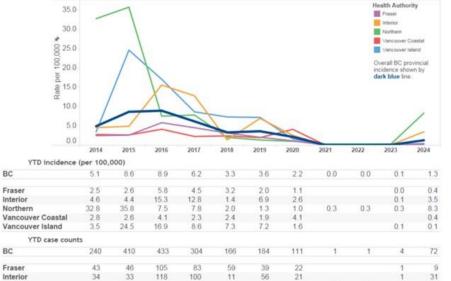


Figure 1B. <u>YTD (Jan 1 – Jun 27)</u> incidence (per 100,000) BC overall and by Health Authority



Data Source: VPD Data Mart, current to June 27, 2024

Data Source: VPD Data Mart; current to June 27, 2024

Tallies reflect confirmed cases, including laboratory-confirmed or epidemiologically-linked events. For 2024, data are for the period between January 1 and June 27th, 2024.

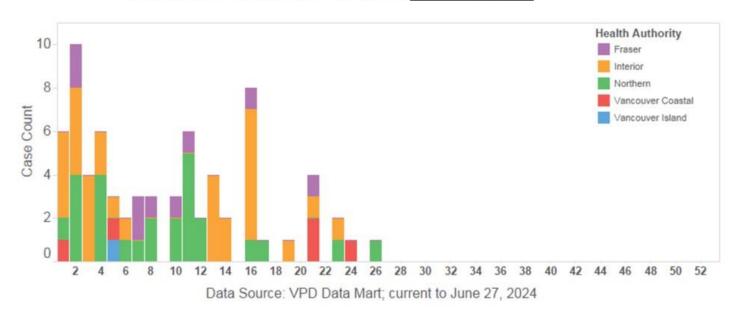


Figure 2. Case counts by epi-week and Health Authority

Tallies reflect confirmed cases, including laboratory-confirmed or epidemiologically-linked events. For 2024, data are for the period between January 1 and June 27th, 2024.

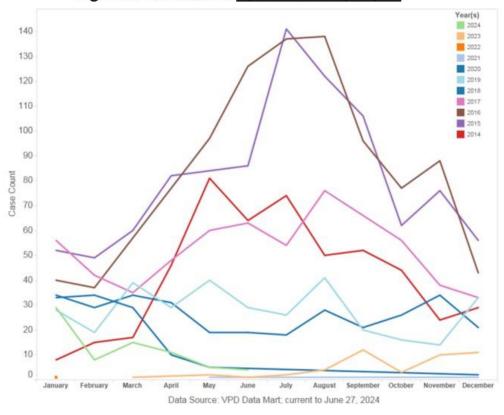


Figure 3. Case counts by month and year, BC

Tallies reflect confirmed cases, including laboratory-confirmed or epidemiologically-linked events. For 2024, data are for the period between January 1 and June 27th, 2024.

Figure 4A. Annual incidence (per 100,000) BC overall and by Age Group

<1 Year

1-4 Years

5-9 Years

10-14 Years

15-19 Years

20-24 Years

25-29 Years

30-39 Years

40-59 Years

60+ Years

97.7

33.9

37.1

36.0

16.8

5.9

5.6

6.1

104.9

47.5

62.6

102.2

38.5

13.8

12.0

11.1

140.2

60.5

63.2

84.8

33.8

12.6

11.2

15.0

12.6

86.5

42.0

42.6

44.1

12.7

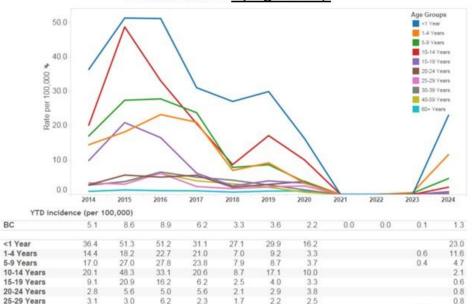
10.0

9.2

8.9

Age Groups 140.0 <! Year 1-4 Vears 120.0 5-9 Years 10-14 Years 15-19 Vesrs ***** 100.0 20-24 Years 100,000 25-29 Years 30-39 Years 80.0 45-59 Vears 60+ Years 60.0 40.0 20.0 2017 2023 2014 2021 2022 Annual incidence (per 100,000) 12.7 6.3 6.6 0.8

Figure 4B. YTD (Jan 1 – Jun 27) incidence (per 100,000) BC overall and by Age Group



1.3 Data Source: VPD Data Mart: current to June 27, 2024

54.1

16.7

17.8

19.1

6.8

4.8

4.0

6.2

4.5

0.7 Data Source: VPD Data Mart; current to June 27, 2024

4.2

3.1

2.8

2.1

13

0.7

0.1

0.4

Tallies reflect confirmed cases, including laboratory-confirmed or epidemiologically-linked events. For 2024, data are for the period between January 1 and June 27th, 2024.

16.2

3.8

10.0

3.3

3.8

1.3

0.7

1.0

18.3

11.1

1.6

1.1

0.5

0.4

0.1

23.0

11.6

4.7

2.1

0.8

0.1

0.4

30-39 Years

40-59 Years

3.8

3.7

2.5

6.5

6.1

5.0

4.0

48.3

18.4

16.1

27.7

5.3

5.4

4.1