BC pertussis summary through February 28, 2025: atypical seasonal increase with heightened infant and pre-school levels

Posted: March 20, 2025

This bulletin provides updated information on pertussis activity in British Columbia (BC) and elsewhere, including recent trends since the last <u>BC Provincial Pertussis Summary (December 2024)</u> and spanning through February 28, 2025.

Summary findings and messages

- While the number of pertussis case reports in BC in 2024 (n=352) was below cyclical peaks in 2015 or 2016 (n~1000), activity was delayed compared to the typical spring/summer peak, increasing instead in late summer and remaining elevated at <u>></u>45 case reports per month between August and December 2024.
- 2) In 2025, January case counts (n=61) remained elevated, exceeding January tallies of all prior years since 2014 (ranging 8 to 56 cases between 2014-2024; excl. 2021-2023 with ≤1 case). Case counts in February 2025 (n=30) are lower but may increase as data become more complete. Of note, by February 28, the 2025 year to date (YTD) case tally is already about one-quarter of the full year tally in 2024. Compared to 2014-2024, the 2025 YTD pertussis incidence of 1.6 cases per 100,000 is surpassed only by YTD incidences in 2015 and 2017 (both 2.0 per 100,000).
- 3) Through February 28, the incidence per 100,000 infants <1 year is substantially higher (20.9) than the same YTD incidences of 2014-2024 (ranging 2.2 to 11.2; excl. 2021-2023 with ≤1 total case). Among 1-4-year-olds, YTD incidence in 2025 is also higher (12.2 versus 0.5 to 9.1). Incidences in all other age groups remain within historic ranges, including 10-14-year-olds (5.9), 5-9-year-olds (3.2), and 15-19-year-olds (2.5), with incidences ≤1.2 in all older age groups. Milder presentations beyond infancy may contribute to undiagnosed cases, unrecognized community transmission and surveillance under-ascertainment in older children and adults.</p>
- 4) Of cases with known pertussis immunization status, most are not up to date. While difficult to predict, heightened offseason activity sustained through the winter may herald further escalation during the upcoming spring/summer period of typical cyclical peaks. Proactive measures to mitigate the pertussis risk should be taken now. This includes reinforcing upto-date vaccination, notably to reduce the risk of severe outcomes, greatest among infants <3 months of age, through vaccination of pregnant people and timely receipt of the first dose of pertussis-containing vaccine for infants. Proactive regional outreach to communities where vaccination coverage may be suboptimal is warranted.

Updated BC observations as of February 28, 2025

While other areas in Canada and internationally experienced resurgent pertussis activity after the COVID-19 pandemic that surpassed prior peak pertussis seasons, in BC, the number of case reports has remained within the the expected range (Figure 1A). In 2024, however, pertussis resurgence in BC was delayed, occurring in August and somewhat later than the typical spring/summer peak period. Activity remained elevated at \geq 45 cases per month between August 2024 and January 2025 (Figure 2).

As of February 28, 2025 (epi-week 9), BC health authorities have reported 91 laboratory-confirmed or epidemiologically-linked pertussis cases year to date (YTD) – already about one quarter of the full year tallies in 2024 (n=352) (Figure 1A; Figure 1B). Provincial case counts in January 2025 (n=61) exceed January case counts of all prior years since 2014 (ranging 8 to 56 cases between 2014-2024; excl. 2021-2023 with ≤ 1 case) (Figure 2). Case counts in February 2025 (n=30) are lower but may increase as data become more complete (Figure 2; Figure 3). Of YTD cases with known immunization status, most have not been up to date for pertussis immunizations. The 2025 YTD incidence of 1.6 cases per 100,000 remains within historic ranges for the same YTD period between 2014-2024 (ranging 0.5 to 2.0 per 100,000; excl. 2021-2023 with ≤ 1 case), but is exceeded only by 2015 and 2017. YTD regional incidence continues to be highest in Interior (3.2 per 100,000) and Northern (7.9 per 100,000) health authorities with both regions reaching their second-highest YTD incidences since 2014 (Figure 1B).

Age-specific YTD incidence per 100,000 in 2025 remains highest in <1-year olds (20.9), exceeding the same period of 2014-2024 (ranging 2.2 to 11.2; excl. 2021-2023 with \leq 1 total case) (Figure 4A; Figure 4B). The second-highest incidence is among 1-4-year-olds (12.2), also exceeding 2014-2024 (ranging 0.5 to 9.1) whereas historically between 2014-2020 their incidence was often exceeded by older school aged children 5-9 and 10-14 years. Pertussis incidences in all other age groups remain within historic ranges, including 10-14 (5.9), 5-9 (3.2), and 15-19 (2.5) year olds, with incidences \leq 1.2 in all older age groups.

Background context

In BC, as elsewhere, pertussis is an endemic disease with cyclical peaks occurring every 2-5 years¹. Infants <1 year are at highest risk of hospitalization, intensive care unit admission and death, with the highest risk occurring among infants <3 months of age¹. Because of their more severe presentation, pertussis in infants may be more readily detectable and indicative of community trends overall. In 1997, most Canadian provinces (including BC) replaced the whole cell pertussis vaccine with a more efficacious (and less reactogenic) acellular pertussis vaccine, and in 2004 added a Grade 9 Tdap (tetanus, diphtheria, acellular pertussis) booster dose¹. In 2020, BC joined other provinces in publicly-funding an additional Tdap dose for pregnant people each pregnancy, ideally between 27-32 weeks gestation to protect newborns before they can receive a first dose directly². Between 2004 and 2011, BC experienced trough pertussis levels, followed by cyclical peaks in 2012, 2015, and 2016. Pandemic mitigation measures in 2020 suppressed pertussis activity (Figure 1A)¹. BC pertussis data for 2014-2023 are available on the <u>BCCDC Communicable Disease Dashboard</u>. Updated pertussis surveillance data for Canada remain pending³. BCCDC PERTUSSIS SURVEILLANCE SUMMARY 2025-03-20

References

- 1. Chambers, C. *et al.* Pertussis Surveillance Trends in British Columbia, Canada, over a 20-year Period: 1993-2013. *CCDR* **40**, 31–41 (2014).
- 2. BC Centre for Disease Control. Communicable Disease Control Manual, Chapter 2: Immunization. (2024).
- 3. Public Health Agency of Canada. Reported cases from 1924 to 2022 in Canada Notifiable diseases on-line.

https://diseases.canada.ca/notifiable/charts?c=pl.

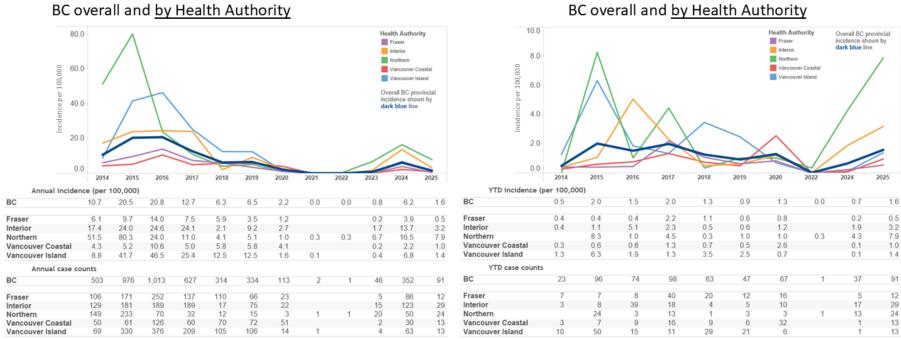


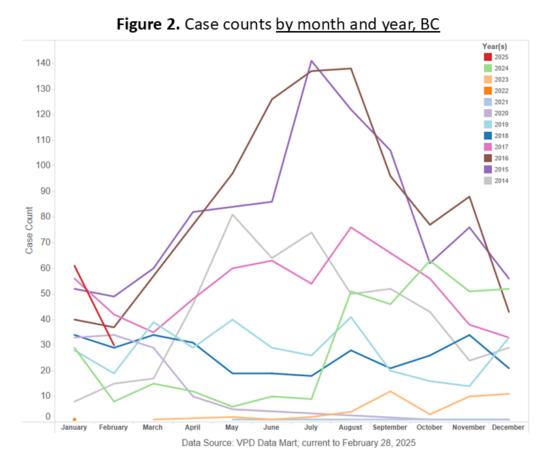
Figure 1A. <u>Annual</u> incidence (per 100,000)

Data Source: VPD Data Mart; current to February 28, 2025

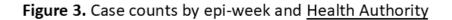
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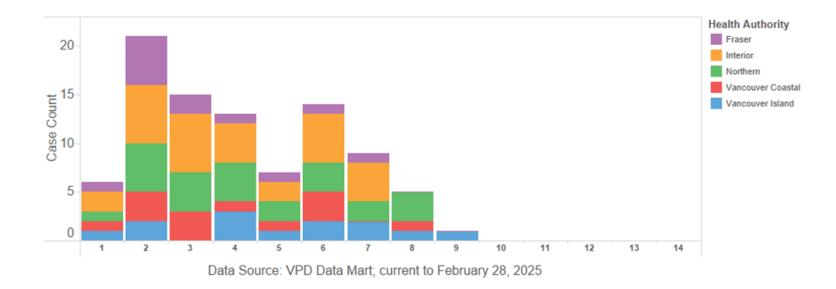
Figure 1B. YTD (Jan 1 – Feb 28) incidence (per 100,000)

Tallies reflect confirmed cases, including laboratory-confirmed or epidemiologically-linked events. For 2025, data are for the period between January 1 and February 28, 2025.



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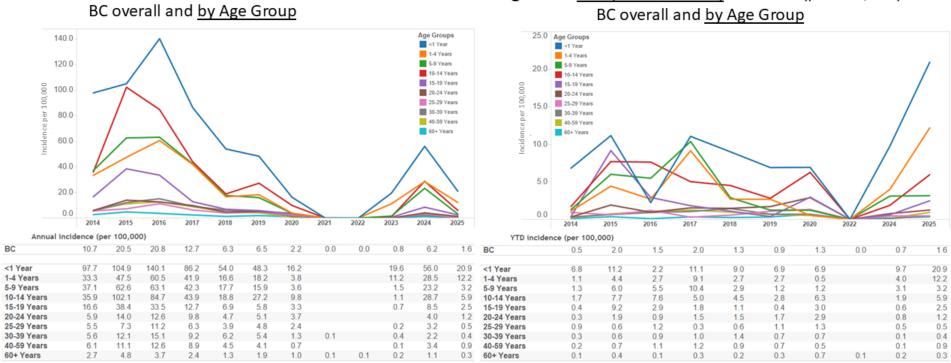


Figure 4A. Annual incidence (per 100,000)

Figure 4B. <u>YTD (Jan 1 – Feb 28)</u> incidence (per 100,000)

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