

# ADVANCED COVID-19 TREATMENT PLAN

The colors on the traffic light will help you manage illness from COVID-19

Name:	Date:
Prescriber:	PHN #:
Prescriber Contact Information:	
Pharmacy ( <a href="#">select location</a> ):	



- GREEN means Go Zone!**  
Use standard measures to protect yourself against COVID-19
- YELLOW means Caution Zone!**  
Follow these steps when feeling sick
- RED means Danger Zone!**  
Seek urgent medical attention

Patient: Please retain an electronic copy of this action plan to access all linked resources.

Doctor: There is a new [temporary fee code](#) for in-person or virtual patient care related to COVID-19 assessment and treatment

Following these steps will protect me from COVID-19	
Discuss my eligibility for vaccine	<input type="checkbox"/> Getting all my doses of the COVID-19 vaccine will give me the best protection. I am eligible for my next vaccine on: _____. <input type="checkbox"/> I can check my vaccine history on <a href="https://www.healthgateway.gov.bc.ca/">https://www.healthgateway.gov.bc.ca/</a>
Assessing my risk of hospitalization from COVID-19	<input type="checkbox"/> I have asked my care provider to assess my risk of hospitalization from COVID-19 and discuss my recommendations for treatment. <input type="checkbox"/> Treatment is recommended and I will discuss the options below. <input type="checkbox"/> Treatment is not recommended at this time, and will reassess if my health condition changes.
<b>GO</b>	<b>I have no signs and symptoms of COVID-19. To prepare, I will:</b>
I have: <ul style="list-style-type: none"> <li>• No signs and symptoms of COVID-19</li> <li>• Been in contact with a sick person but I am not sick</li> <li>• Traveled or are traveling but have no symptoms of COVID-19</li> <li>• Stable health otherwise</li> </ul>	<input type="checkbox"/> I will obtain 5 rapid antigen tests from my local pharmacy to have on hand. <input type="checkbox"/> There are treatments that may reduce my chance of being hospitalized with COVID-19. I will discuss which treatment option best suits me with my care provider: <ul style="list-style-type: none"> <li><input type="checkbox"/> <a href="#">Nirmatrelvir/ritonavir</a> (Paxlovid). My medications were reviewed, and I know the modifications I need to make for Paxlovid.</li> <li><input type="checkbox"/> <a href="#">Remdesivir</a> (a 2 or 3 dose IV treatment because I cannot take Paxlovid). I will call my care provider for a referral to an infusion clinic if I test positive.</li> </ul> I can learn more about COVID-19 treatments by visiting <a href="https://www2.gov.bc.ca/gov/content/covid-19/vaccine/treatments">https://www2.gov.bc.ca/gov/content/covid-19/vaccine/treatments</a>
<b>CAUTION</b>	<b>I have signs and symptoms of COVID-19. I will:</b>
I have any of these: <ul style="list-style-type: none"> <li>• Fever or chills</li> <li>• Cough</li> <li>• Loss of sense of smell or taste</li> <li>• Difficulty breathing</li> <li>• Sore throat</li> <li>• Loss of appetite</li> <li>• Runny nose</li> <li>• Sneezing</li> <li>• Extreme fatigue or tiredness</li> <li>• Headache</li> <li>• Body aches</li> <li>• Nausea or vomiting</li> <li>• Diarrhea</li> </ul>	<input type="checkbox"/> Use a rapid antigen test to perform a test for COVID-19. <input type="checkbox"/> If my rapid test is <b>negative</b> and I continue to feel unwell: <ul style="list-style-type: none"> <li><input type="checkbox"/> I will repeat a <a href="#">rapid antigen test</a> the next day (for up to 5 days since my symptoms started).</li> <li><input type="checkbox"/> I can also contact my doctor, nurse practitioner, or 8-1-1 who will decide whether a <a href="#">PCR</a> test or further in-person assessment is required.</li> </ul> <input type="checkbox"/> If my rapid antigen test or PCR is <b>positive</b> : <ul style="list-style-type: none"> <li><input type="checkbox"/> I will contact my care provider to discuss and initiate the treatment plan above. I will alert them to any new medication(s) I am taking since this action plan was completed.</li> <li><input type="checkbox"/> I can follow the self-isolation and self-monitoring guide on how I can safely manage symptoms at home. <a href="http://www.bccdc.ca/health-info/diseases-conditions/covid-19/self-isolation#Self-isolation">http://www.bccdc.ca/health-info/diseases-conditions/covid-19/self-isolation#Self-isolation</a></li> </ul>
<b>DANGER</b>	<b>Take action – get help</b>
<ul style="list-style-type: none"> <li>• I find it hard to breathe</li> <li>• I have chest pain</li> <li>• I can't drink anything</li> <li>• I feel very sick or confused</li> </ul>	<input type="checkbox"/> Seek medical attention right away. Call 911 or go to your local emergency.