

Respiratory virus activity in BC:

Weekly summary – March 20, 2025

Reporting period: March 9-15, 2025 (Epi-week 11)

Influenza activity is elevated; RSV activity is moderate; COVID-19 activity is low

Influenza

Influenza test positivity continues to decrease but remains elevated. Wastewater viral loads are high but decreasing in most sites across BC.

RSV

RSV test positivity has decreased in recent weeks and is moderately elevated. Wastewater viral loads continue to decrease across BC.

COVID-19

COVID-19 activity indicators are at low levels.

Health care visits

The proportions of emergency department and primary care visits for respiratory illness continue to decrease but remain elevated at varying levels.

National and international context

Influenza

- In Canada, indicators of influenza activity decreased in the most recent reporting week. The percentage of tests positive for influenza continued to decrease. However, trends vary regionally.¹
- In the USA, seasonal influenza activity remains elevated nationally but has decreased for four consecutive weeks.²

RSV

- In Canada, indicators of RSV activity are decreasing or stable.¹
- In the USA, RSV activity is declining in most areas of the country.²

COVID-19

- In Canada, indicators of COVID-19 activity are decreasing. The percentage of tests positive for COVID-19 continues to remain at its lowest levels recorded since the start of the 2022-23 season.¹
- In the USA, COVID-19 activity is declining nationally but elevated in some areas of the country.²

¹ Canadian Respiratory Virus Surveillance Report, <https://health-infobase.canada.ca/respiratory-virus-surveillance/>. Last updated: March 14, 2025.

² Respiratory Illnesses Data Channel, <https://www.cdc.gov/respiratory-viruses/data/index.html>. Last updated: March 14, 2025.