

What to do if you accidentally touch fentanyl

Fentanyl is not easily absorbed by skin. There is no risk of overdose from touching fentanyl with bare skin.

- There has been widespread information shared about the unfounded myths on the risks of touching fentanyl

If you touch any unknown substance:

- Avoid touching your eyes, nose, and mouth
- Wash your hands with soap and water
- Avoid using hand sanitizer to clean your hands. Alcohol can increase how much of a substance gets through the skin.

More information can be found in the [position statement from the American College of Medical Toxicology \(ACMT\) and American Academy of Clinical Toxicology \(AACT\)](#)



BC Centre for Disease Control
Provincial Health Services Authority

