

Let's talk about sex

What is an STI?



First Nations Health Authority
Health through wellness



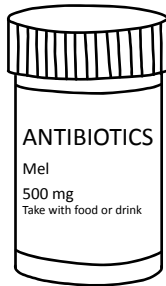
"We used to say venereal disease and STD but now we call them sexually transmitted infections (STIs)."



"5 out of 6 people will get an STI in their life. Most STIs are caused by bacteria or viruses."

Common STIs caused by bacteria

Syphilis
Chlamydia
Gonorrhoea



"STIs caused by bacteria can be cured with antibiotics."

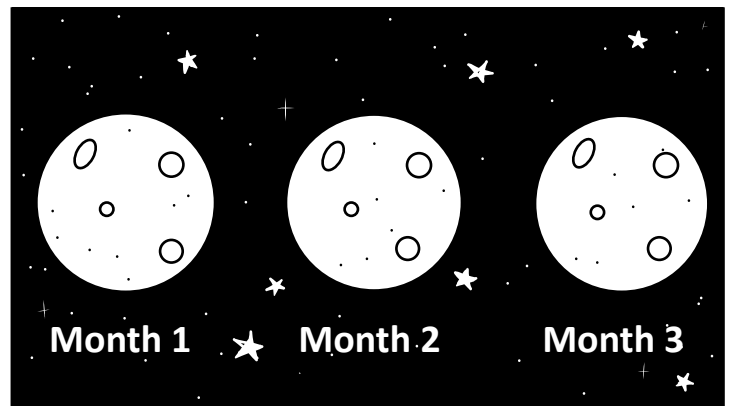
Common STIs caused by viruses

HIV **HPV**
Herpes

"STIs caused by viruses can be prevented, treated or managed with medication."



"You can still have relationships and sex. Talking to your partners, education and practicing safer sex lowers the chance of getting and passing on an STI."



"It's important to get tested by a health practitioner every 3-6 months if you are sexually active."

Illustration: Jess Samley