



BC Centre for Disease Control
Provincial Health Services Authority

Communicable Diseases and Immunization Service
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Date: April 17, 2020

Administrative Circular: 2020:08

ATTN: Medical Health Officers and Branch Offices
Public Health Nursing Administrators and Assistant Administrators
Holders of Communicable Disease Control Manuals

**Re: Update to Communicable Disease Control Manual,
Chapter 1: Communicable Disease Control, Novel Coronavirus (COVID-19)**

Novel Coronavirus (COVID-19)

Interim guidelines for public health management of cases and contacts associated with novel coronavirus (COVID-19) in the community have been revised. The revisions include:

- Under Period of communicability asymptomatic cases are considered infectious for 10 days from sample collection date.
- Under Contact Identification and Management, the table has been revised to clarify that both high and medium risk contacts should self-isolate for a minimum of 14 days.
- Under Case Management, 'severe disease' has been further defined.
- On the Active Daily Monitoring form, "persons under investigation" has been replaced with "suspect" under "Status of case".
- The [How to self-isolate after a COVID-19 test](#) handout was revised with the following:
 - additional options for members of the public to access their test results, including text messaging, online through myehealth.ca and Island Health's Laboratory Call Centre
 - additional information on when to seek medical care, including recognizing worsening or severe symptoms
 - new content on the use of non-medical or homemade masks

If you have any questions or concerns, please contact Christine Halpert, Senior Practice Leader, BCCDC (telephone: 604-707-2555 / email: christine.halpert@bccdc.ca) or Stephanie Meier, Senior Practice Leader, BCCDC (telephone: 604-707-2577 / email: stephanie.meier@bccdc.ca).

Sincerely,

Mayank Singal MD MPH CCFP FRCPC
Physician Epidemiologist
BC Centre for Disease Control

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