




Protect your community with COVID-19 immunity

“I really do believe that vaccines are good medicine, and we have a duty to protect our Elders and children by getting vaccinated.”

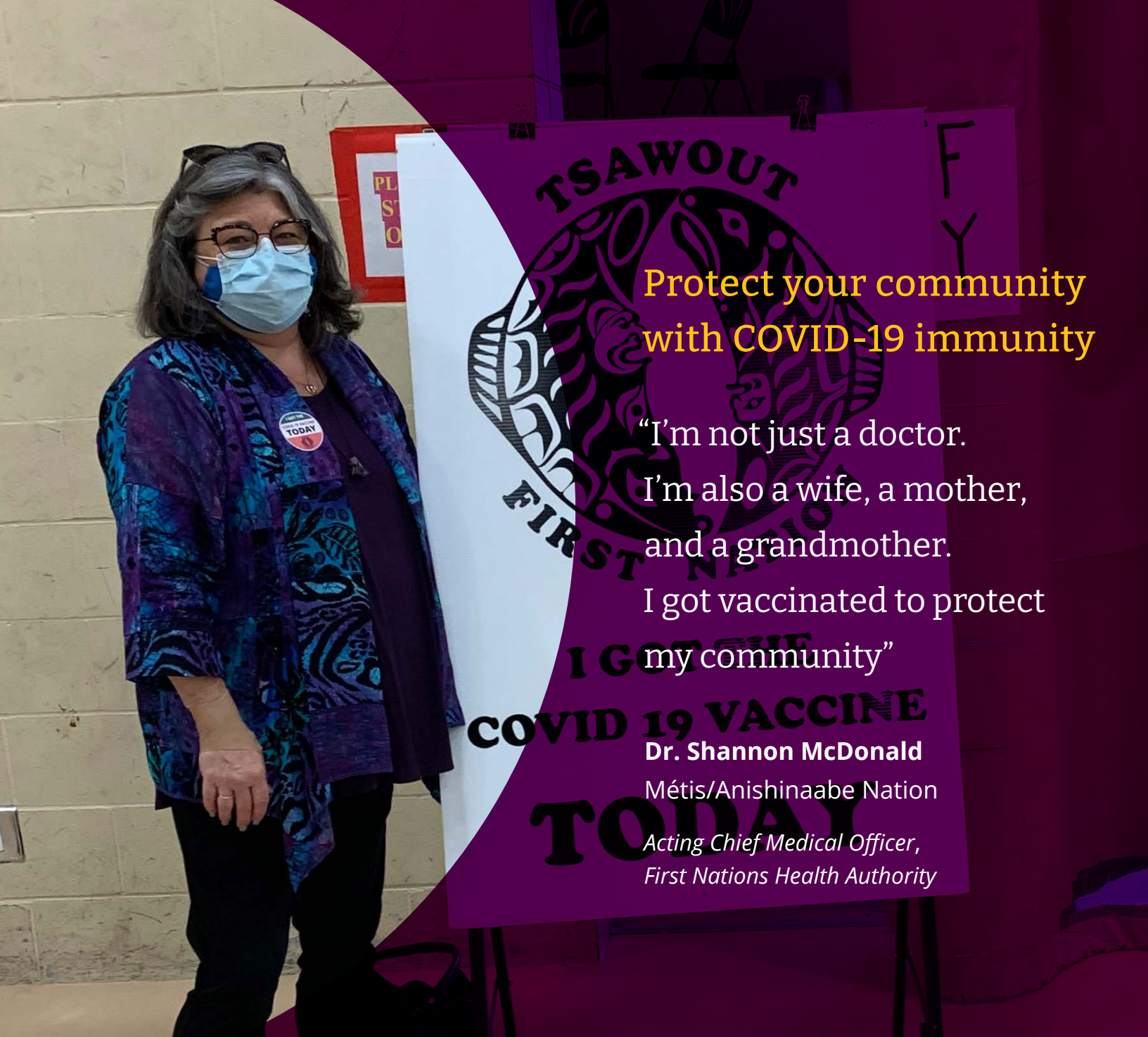
Dr. Terri Aldred | Tl’Azt’En Nation
*Medical Director, Primary Care,
First Nations Health Authority*

“When we do our prayers, when we give thanks and are in ceremony and receive our medicines in a good way, they have the most powerful effect. And it’s the same when we use Western medicine technologies.”

Dr. Terri Aldred | Tl’Azt’En Nation

Questions? Call Healthlink BC at  **8-1-1**
For more info on COVID-19, visit www.bccdc.ca,
www.fnha.ca/coronavirus or www.mnbc.ca





"I live in a First Nations community. I want to keep my neighbors protected and our Elders, our Knowledge Keepers, and our language holders protected. We must stay strong and stay the course and remember our traditional teachings that tell us to take care of each other.

There is always a choice about whether or not you get a vaccine, not only to protect yourself from serious disease, but to protect everyone around you."

Dr. Shannon McDonald | Métis/Anishinaabe

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“Take care of yourself
so you can take care
of others. Get your
COVID-19 vaccine –
I did.”

Dr. Kate Elliott

Métis Nation

Métis Women BC Chairperson

MNBC Minister of Women & Gender Equity


MNBC Minister of Mental Health & Addictions



“When you fly on an airplane, the flight attendant instructs you to put your oxygen mask on first, before helping others. Why is this important? Because if you do not help yourself, you can’t help anyone else. The same is true for the COVID-19 vaccine. In order to care for our families and communities, it is important that we ensure our own safety first.

It’s okay to have questions about the vaccine and the potential side effects. We are here to support you so you can feel confident and safe.”

Dr. Kate Elliott | Métis Nation

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“I’m excited to be fully vaccinated. And I hope people who also have been fully vaccinated are feeling that relief and that joy of getting together again.”

Dr. Nel Wieman

Little Grand Rapids First Nation
Anishinaabe Nation

*Acting Deputy Chief Medical Officer,
First Nations Health Authority*

President

Indigenous Physicians Association of Canada

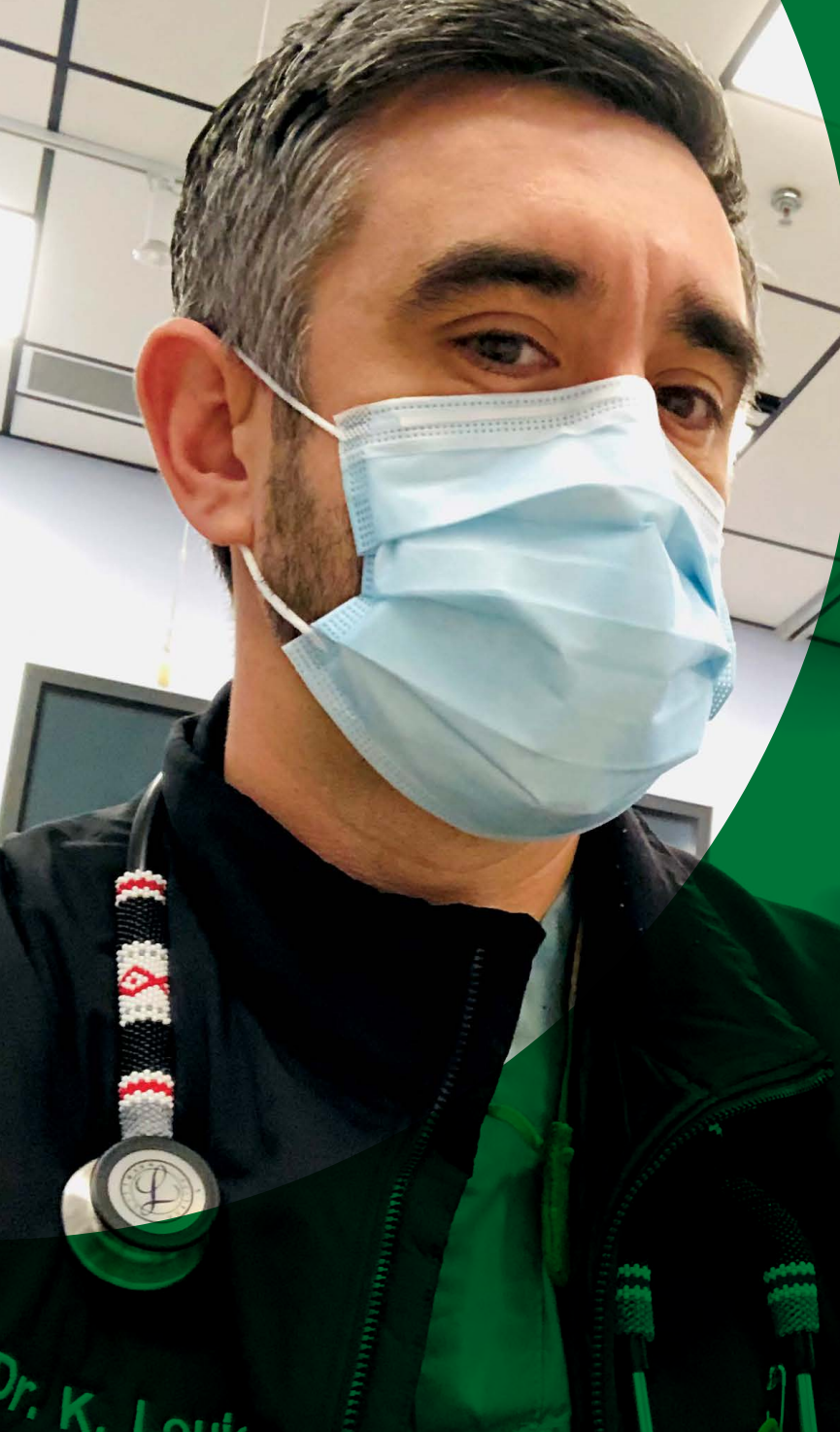
“The vaccines are a significant step forward out of the COVID-19 pandemic. They give me hope. It is important to know that First Nations people have been identified as a priority group in the plans for distribution. I am looking forward to the time when the current public health measures will be eased, and I can reconnect in person with family, friends and colleagues.”

Dr. Nel Wieman | Little Grand Rapids First Nation, Anishinaabe Nation

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“I use my medical training and my understandings of health and wellness to make informed decisions for my own life. I gladly chose to receive the vaccine.”

Dr. Kelsey Louie

Tla'Amin Nation

*Medical Officer, First Nations Health Authority
and practicing physician*

“I hope you will take the time to get informed about the vaccine and consider joining us in receiving it when it becomes available to you.”

Dr. Kelsey Louie | Tla'Amin Nation

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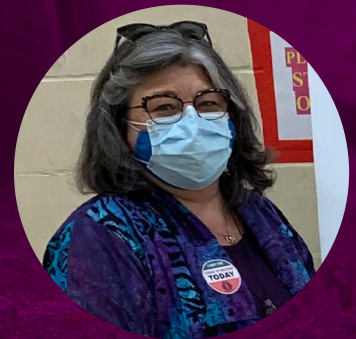
“I’m excited to be fully vaccinated. And I hope people who also have been fully vaccinated are feeling that relief and that joy of getting together again.”

Dr. Nel Wieman
Little Grand Rapids First Nation
Anishinaabe Nation



“I’m not just a doctor, I’m also a wife, a mother, and a grandmother. I got vaccinated to protect my community.”

Dr. Shannon McDonald
Métis/Anishinaabe



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