



LINEZOLID

Linezolid is an antibiotic used to treat tuberculosis (TB) or other related infections.

When should I take this?

- Take this medicine at the same time every day. This will help you remember to take the medicine.

How should I take this?

- Take as directed by your doctor.
- It is very important that you take this medicine regularly.
- This medicine can be taken with or without food.

What should I do if I miss a dose?

- If you miss a dose, take that dose as soon as you remember. But if it is almost time for the next day's dose, skip the missed dose.
- **Do not take a double dose.**

Is there anything I should avoid when taking this?

- Avoid foods or beverages with high tyramine content such as aged, fermented, pickled, smoked, or yeast products (e.g., aged cheeses; sauerkraut; cured, air-dried, or processed meats; bouillon cubes; soy sauce; fish sauce; kimchi; miso soup; tap beers; wine; avocados; fava beans; overripe fruits; or improperly stored or spoiled foods).
NOTE: This is not a complete list; for additional dietary information, contact HealthLink BC at 8-1-1.
- Avoid taking any cold or flu preparations containing decongestants such as pseudoephedrine (e.g., Advil® Cold and Sinus, Claritin® Allergy + Sinus, NeoCitran® Ultra Strength Total Flu Night)

Tell your doctor, nurse, and pharmacist **if you are taking any other medicines**, including any over-the-counter (non-prescription) products and natural health products.

What are some possible side effects?

- Diarrhea
- Nausea
- Vomiting
- Headache
- Dizziness
- Changes in taste
- Burning, tingling, or numbness in your hands or feet
- Vaginal yeast infection, white patches in the mouth, or tongue discolouration

Review any side effects that you may experience with your doctor.

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BC Centre for Disease Control
An agency of the Provincial Health Services Authority

Provincial Tuberculosis Services

Main Switchboard
TB Services Fax

604 707 2692
604 707 2690

Caution: Stop taking this medicine and call your doctor or nurse immediately if you experience the following symptoms:

- Rash, hives, itching, swelling, wheezing, tightness of chest, trouble breathing
- Unusual bleeding or bruising, feeling very tired or weak, shortness of breath, fever and chills, or sore throat
- Extremely high blood pressure
- Severe headache
- Any changes to your vision, including changes to colour vision
- Unusual muscle pains or cramps, tiredness or weakness, feeling cold, stomach pain with or without vomiting, trouble breathing, or irregular heart rate
- Confusion; agitation; restlessness; shakiness; fever; fast heartbeat; flushing; lot of sweating; dizziness, or changes to balance and coordination; changes to mental/mood states; severe upset stomach, vomiting, or diarrhea; twitching muscles; sensitivity to light; or seizures

Tell your doctor if you experience any unusual symptoms not mentioned on this information sheet.

What else do I need to know about taking Linezolid?

- It is important that you go for all **lab tests ordered** by your doctor and attend all of your appointments with your health care provider.
- Tell your healthcare provider if you are **pregnant**, plan to become pregnant, or if you wish to **breastfeed** your baby.
- Tell your healthcare provider if you have a history of seizures.

Where should I store this medication?

- Keep away from the reach of children.
- Protect from light and moisture.
- Store at room temperature in a cool, dry place.

Where do I call if I have any other questions?

Your doctor, clinic or Public Health Unit: _____
Vancouver TB Services Clinic: 604-707-2692
New Westminster TB Services Clinic: 604-707-2698
BCCDC Vaccine and Pharmacy Services: 604-707-2580